

SEEDS FOR MORE INTERCULTURE APS (SE.M.I)

# Women's March 19-25 June 2022

Mobility of young people



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# What is it about?

## Summary

'**Women's March**' is a Mobility for young people project that promotes the European values and principles. It is focused on the women's suffrage, the gender inequalities in nowadays societies, the gender stereotypes and biases. Through a variety of non formal activities like gender reversal theater, open debates and role play we will try to find alternative ways to reach gender equality.



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# The objectives

1 Gain more knowledge of the women's suffrage and the gender inequalities over the years

2 Tackle the gender stereotypes and biases

3 Fight against gender based violence

4 Reflect on the European Union policies for gender equality



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# Organizations

The project involves 25 participants, males and females, aged 18-30 from 5 countries



## Seeds for More Interculture (SE.M.I.)

Italy



## Youth Bridges

Hungary



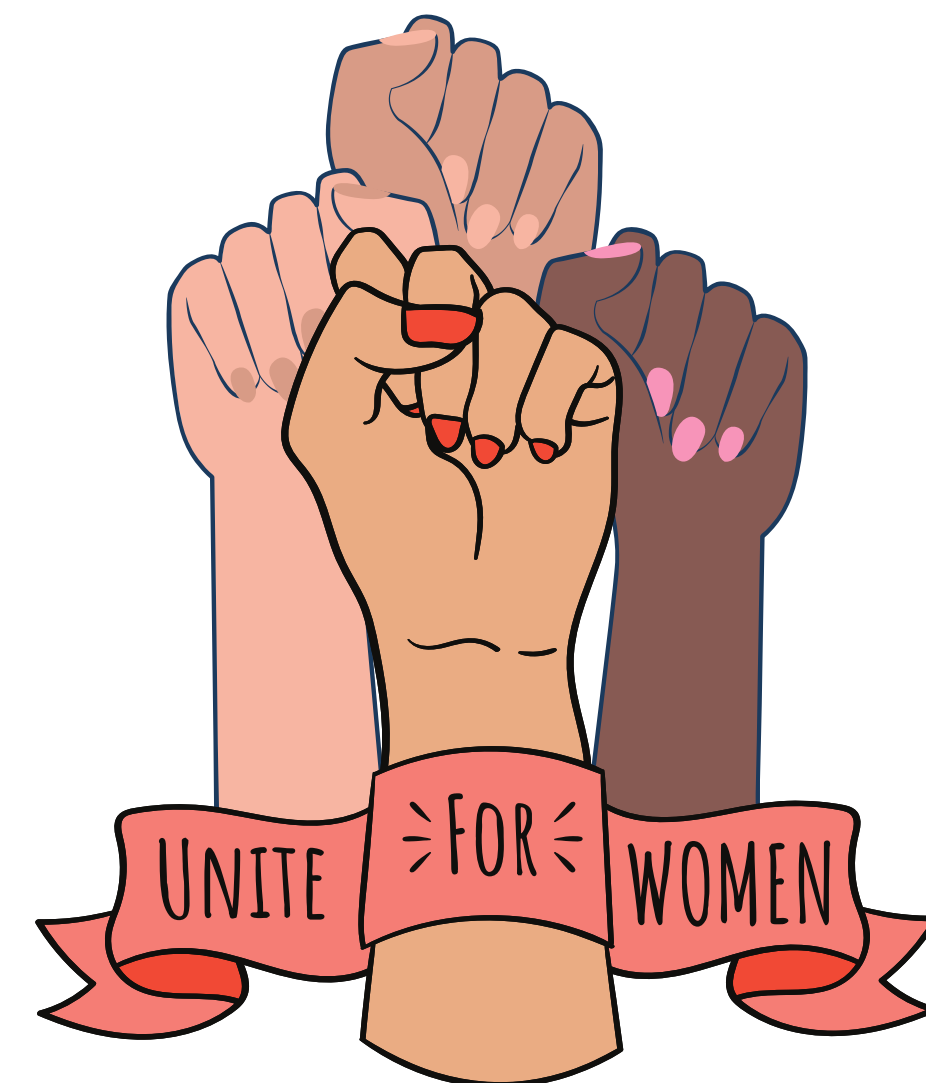
## Youth Empowerment Center

Greece



## SOPRO – Solidariedade e Promoção

Portugal





# Accomodation

**"Ex monastero della SS. Annunziata di Tredozio - Luogo della cultura e della vita"** was recently renewed with EU funds, it is located in the Appennini mountains, by the mountain municipality of Tredozio. On the first floor there are the kitchen, dining room and activity rooms; on the second floor there are more than 10 bedrooms, each with private bathroom. In the building there are also terraces and balconies, besides a garden, available for outdoor activities. The facility is equipped to accommodate people with disabilities.



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# Travel

**Arrival day is 19th and departure day is 25th of June 2022**



## Faenza

We will pick you up in FAENZA ,  
the closest town , which is very  
well connected by train



## Bologna

The closest airport is ' Aeroporto G.  
Marconi Bologna BLQ' . From there you  
can get a bus for Bologna' s central  
train station and you will get a train  
every 30 minutes to Faenza (which  
costs €4.5).



## Milano

You can also fly to Milano  
(Malpensa or Bergamo), then  
reach Milano central train station  
and then a direct train to Faenza  
( €20) or with a change in  
Bologna.



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# Travel Reimbursement

Travel days 19/6 and 25/6



Hungary

275 €  
2 travel days

Portugal

275 €  
2 travel days

Austria

275 €  
2 travel days

Greece

275 €  
2 travel days

Italy

0 €  
2 travel days



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# Useful Information

**Insurance:** The participants are requested to be in possession of the European Health Card, which is free of charge and provides free health care in Italy . The participants will also be insured by Cattolica Assicurazioni.

**Youthpass:** At the end of youth exchange, each participant will receive a Youthpass which will give an opportunity to list skills and competencies acquired and practiced during the youth exchange .

**Money:** The youth exchange is completely free for the participants: accommodation, food, activities are payed by the European Union . The travel tickets will be reimbursed according to the distance band .



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# Food

You will be provided with:

- Breakfast
- Morning coffee break
- Lunch
- Afternoon coffee break
- Dinner

During the Cultural Visit in Faenza we will have lunch at a restaurant with traditional Italian food and pizza.

**Please let us know about your intolerance or food preferences.**



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# Homework

## Energizers

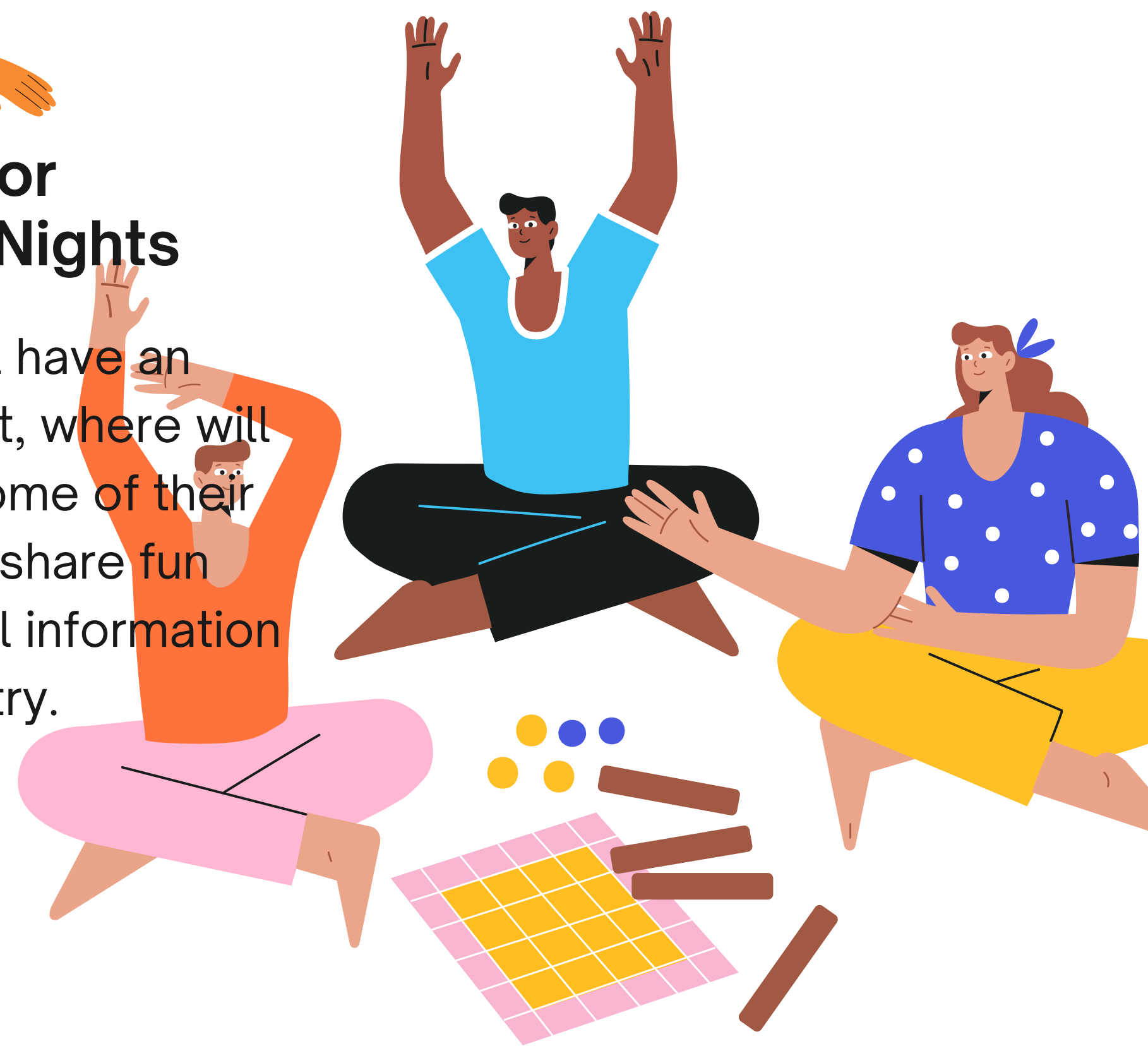


Before the arrival in Italy every national team has to prepare funny energizer activities to boost our energy in the morning and before of each session.



## Preparation for Intercultural Nights

Each country will have an Intercultural night, where will make us taste some of their typical food and share fun facts and cultural information about their country.





# Timetable

Activities

1st Day

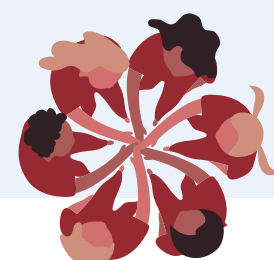
2nd Day

3rd Day

4th Day

5th Day

Energizers  
Ice- Breaking  
activities -  
Team Building  
activities



Women's  
Suffrage -  
Role Play -  
Gender roles  
and bias



Gender Bingo  
Bias-  
Gender Role  
Reversed  
Theater



Cultural Visit  
to Faenza -  
City Games



Evaluation -  
Youthpass -  
Follow Up







# Covid 19 and Italian travel policies

Before arriving in Italy make sure that you have the **EU Green Pass Certification** for:

- Full vaccination cycle for Covid 19
- or
- Recovered from Covid 19 in less than 6 months

[Click here for the most current information on travelling to Italy.](#)



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# About the association

## Seeds For More Interculture APS

Starting that we are all equal in creativity ,  
SE .M.I. aims to integrate young Italians and  
foreigners in the local community and also to  
provide youngsters with the possibility to live  
in a rich intercultural and creative environment  
where to exchange opinions and develop new  
ideas.



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# About Us



## Danai Nakou

She holds a degree in Italian Language and Literature and has work experience in the field of translation and interpretation.

She did her European Solidarity Corps service in Faenza, Italy and gain experience writing and implement mobility projects for youngsters. She loves writing, travelling and meeting new people.



## Ina Sasnauskaite

She is the mentor of the ESC volunteers hosted in the city of Faenza. She participated in several youth exchanges and youth trainings and will be present during this project to support the participants in the best way she can.



## Elisa Emiliani

She is the president of S.E.M.I. association and an passionate youth worker. She will support the financial and administrative part of the project.